

Dresden Sunflower Appliqué

Your kit contains four pieces of fabric 6" x 18".
One piece of fabric 15" x 15" for the background.
3 card templates.

The two brighter coloured fabrics are for the petals, the green for the sepals and the dark one for the centre.

Make Petals

Using template draw six petals onto each of the brighter coloured fabrics and cut them out. Fold each piece together lengthways with right sides together. Hand back-stitch or machine sew along the ends of each petal using a ¼" seam allowance. Open out to form a pentagon shape, use point of scissors to make a nice pointed end. Press. Place two different colour petals right sides together and back-stitch or machine together along one side with ¼" seam allowances. Make sure that the folded ends meet accurately. Add another petal in the same way, alternating colours, until they are all joined into a circle. (If machine sewing you may prefer to chain-piece pairs first.) Press all seams open.

Make Sepals

Using the green fabric mark and cut twelve 3" x 3" squares. Fold each square in half diagonally with wrong sides together. Fold both points down to the opposite right angle to form *Prairie Points*. Press.

Make Centre

Using dark fabric mark and cut out seven 3¾" diameter circles. Fold ¼" turning towards wrong side. Using doubled thread stitch down all around the circle with small running stitches. Pull up tightly and secure to form a *Suffolk Puff*. Make six more *Suffolk Puffs*.

Assemble Sunflower

Centre the petals onto the backing fabric and pin into position. Place a *Prairie Point* between each pair of petals, folded edges uppermost and secure with pins. Use slip stitches or small machine zig-zag to stitch all around the outside of the petals, but leave the point of the sepals free. Make sure that your stitches go through all layers so that the sepals are securely attached. Position six *Suffolk Puffs* around the centre so that they overlap leaving a small hole in the middle. and pin into position. Attach by hand using small slip stitches. Place the last *Suffolk Puff* in the centre to cover the remaining hole and pin into place. Attach using small slip stitches.

Note: if you plan to machine quilt the piece it will be easier to do so before attaching the *Suffolk Puffs*.

